

Health
& Wellbeing

— 2022/2023 —
PROSPECTUS

Study & live your life

openpolytechnic.ac.nz

Open Polytechnic
KURATINI TUWHERA

 Te Pūkenga

Nau mai haere mai ki Te Pūkenga Welcome to Te Pūkenga

Te Pūkenga is building a national network of integrated learning in Aotearoa New Zealand that better meets the needs of learners, their whānau, employers and the community.

By bringing together on-the-job, on campus and online learning, Te Pūkenga is creating a network that gives learners more choices and flexibility in what, where and how they learn.

Open Polytechnic
KURATINI TUWHERA

EIT
EASTERN INSTITUTE OF TECHNOLOGY
TE AHO A MAUI

UCOL
Te Pae Mātauranga ki te Ao
University College of Learning

MANUKAU
INSTITUTE OF TECHNOLOGY
Te Whare Wānanga o Manukau

Tai Poutini
Polytechnic
NEW ZEALAND

WelTec
Te Whare Wānanga o te Awakairangi

BCITO
He Hunga Hanga Mātau
building people

CONEXIS
INFRASTRUCTURE TRAINING

Service IQ

Wintec
WAIKATO INSTITUTE OF TECHNOLOGY
Te Whare Wānanga o Waikato

WITT
WESTERN INSTITUTE OF TECHNOLOGY
TE KURA MATATINI O TARANAKI

Competenz (C)



Te Pūkenga

Careerforce
te toi pūkenga

OTAGO
POLYTECHNIC
Te Kura Matatini ki Otago

Unitec
Institute of Technology
Te Whare Wānanga o Unitec

PrimaryITO
KNOWLEDGE TO GROW

mito

TOI-OHOMAI
Institute of Technology

Whitireia
NEW ZEALAND

North Tec
TAI TOKERAU WĀNANGA

SOUTHERN
INSTITUTE OF TECHNOLOGY
Te Whare Wānanga o Te Kaitiaki

Ara

nmit
NORTH MIDLAND INSTITUTE OF TECHNOLOGY
Te Whare Wānanga o Te Kaitiaki

Please note our programmes of study are currently under review as part of the reform of vocational education training. The objective is to provide one programme for Te Pūkenga that is portable, consistent, and more closely aligned with the needs of industry. As the review is ongoing, this prospectus is correct at the time of publishing but the courses outlined may change over time.



Kia ora huihui mai tātou.

It's my pleasure to be able to provide an introduction in this 2023 prospectus and welcome you to Te Pūkenga, nei te reo rāhiri e rere atu ana – nau piki mai, nau kake mai ki Te Pūkenga.

In 2020, the government reviewed the vocational education system in Aotearoa New Zealand and made some significant changes for how it would work in the future.

One of those changes was the creation of Te Pūkenga, New Zealand Institute of Skills and Technology. The change meant that all of the country's Kura Tini, Institutes of Technology and Polytechnics such as Open Polytechnic as well as some of the country's Industry Training Organisations which focus on work-based learning such as apprenticeships, will now sit within one organisation – Te Pūkenga.

By bringing these organisations together, it means we can create a national network of on-the-job, on campus and online learning opportunities that give learners more choice and flexibility in what, where and how they learn throughout Aotearoa New Zealand.

For those of you thinking of enrolling with Open Polytechnic for study in 2023, this means you are going to be enrolling with a national organisation and you will receive a qualification from Aotearoa New Zealand's largest education provider, Te Pūkenga.

You'll still be able to study by distance learning but you'll have the additional benefits that come from being part of a national network – such as more support, more study options and increased ability to switch between different types of learning if your circumstances change.

A national network means we can plan better for the future needs of Aotearoa. We want to make sure that when you enrol in a programme, you are gaining skills that are needed by Aotearoa and around the world – giving you more job security and ultimately increasing your opportunities for success.

Our transformation is a journey that will take time but one thing is clear, everything we do is centred around our learners and their whānau. We have a relentless focus of equity and we're setting the foundations to deliver to Te Tiriti o Waitangi and its principles, and most importantly to the aspirations of Māori learners, their whānau, and iwi/hapū.

Throughout this prospectus you may notice that a number of programmes are changing.

We are unifying programmes to make sure they are consistent across the country. This means if your circumstances change, you'll be able to continue with your study rather than having to start again. It's just one of the ways we are working to make learning fit around life, rather than making life fit around learning.

Whether you're looking to continue with your study or try something fresh, we look forward to you joining Te Pūkenga whānau and being part of this transformational journey with us.

Mā te kimi ka kite. Mā te kite ka mōhio. Mā te mōhio ka mārama - Seek and discover. Discover and know. Know and the world of light is yours to behold.

If you have any questions or want to find out more about Te Pūkenga, visit our website tepukenga.ac.nz or email us at info@tepukenga.ac.nz – we'd love to hear from you.

Stephen Town
Chief Executive



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your
move*

*Get
in
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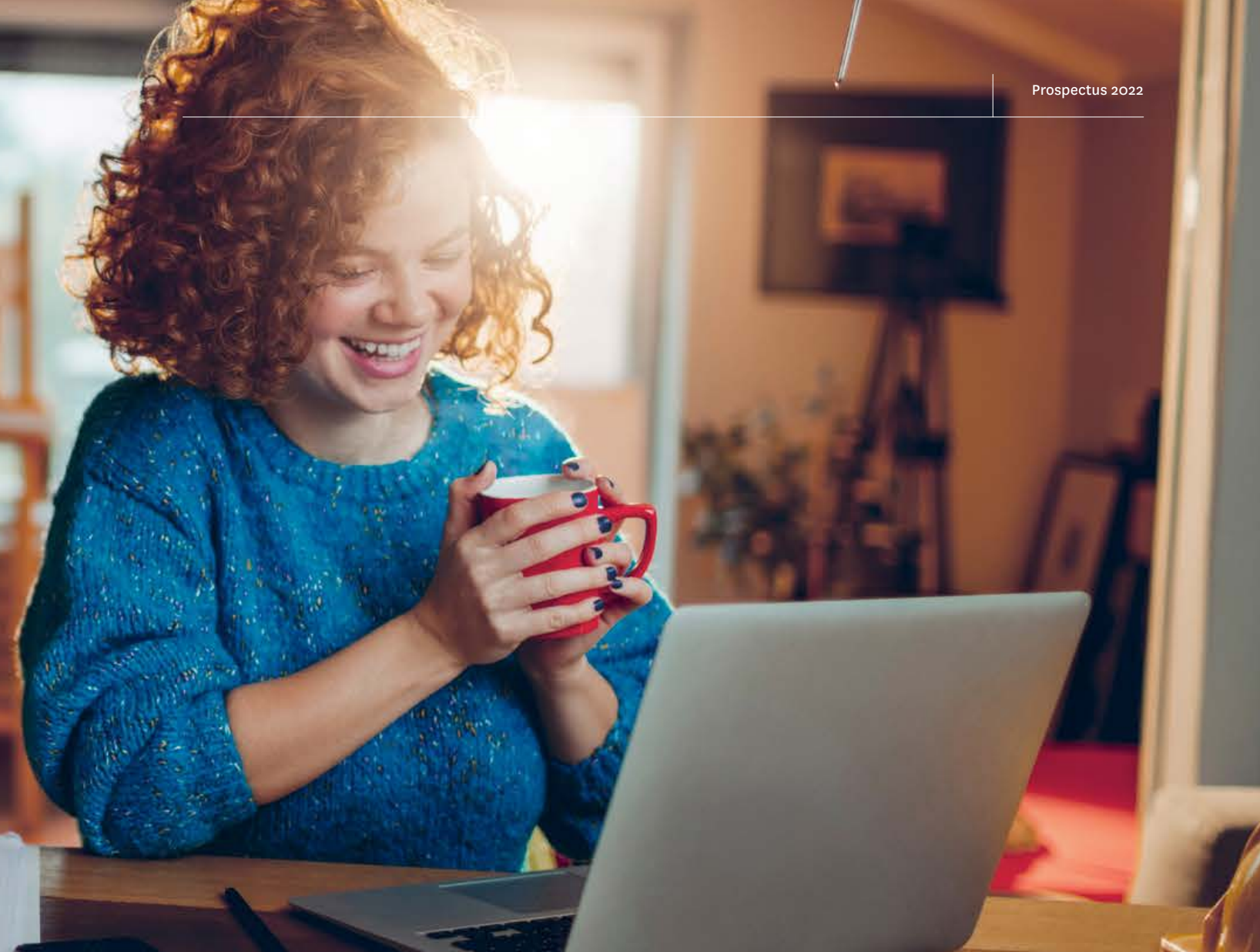
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Join us



Discover your possibilities

with Open Polytechnic



95%

of learners report their study is valuable to their current job.*



3,635

diplomas, certificates and degrees were awarded throughout 2020.*



*Annual report 2020

A New Zealand that's continually learning to succeed

Open Polytechnic is New Zealand's leading distance and online learning provider. Our organisation was created to ensure adult learners could gain the skills needed for their current or future career, without having to attend full-time study at a physical campus.

Around 30,000 learners each year take advantage of the flexibility of distance and online learning to gain the skills they need to progress in their jobs and careers. We are one of the largest educators of the current workforce and our graduates can be found in every major workplace throughout the country.

With distance learning you can make study fit with your needs. We give you the flexibility to develop a study routine that works with the rest of your life, so you can fit study around work, family, sport or community commitments.



As an Open Polytechnic learner

Studying by distance learning doesn't mean you'll be on your own. We'll be with you every step of the way to support, mentor and assist you with your studies and study planning.

Our qualifications

We offer over 100 qualifications and around 1000 courses. We work with industry to develop most of our programmes and courses, ensuring the skills and knowledge you gain are as relevant to your field as possible.

All our qualifications meet rigorous and transparent quality standards. They have been approved by the New Zealand Qualifications Framework.

Our range of qualifications allows learners to staircase from certificate to diploma and degree level. They include technical and vocational training through to higher professional and continuing education.

Like face-to-face study, distance learning courses have start and end dates, and work to get through in between. So, you'll need discipline and motivation to do the work and complete your assignments on time. The benefit is you decide on your timetable. It's up to you to work out when and where you study, how much to take on, and how to divide up your study time.



learners have access to anywhere, anytime learning.*

Kia ora, welcome

Whether you want to learn new skills to help you in your current career, or to change careers, Open Polytechnic has a range of qualifications that will help you achieve your goals.

We are an international leader in the field of flexible distance learning. Over our 70-year history we have helped learners throughout New Zealand and overseas gain qualifications that are highly valued by employers from a wide variety of industries.

We know the commitment it takes to fit study around work and family commitments. If you enrol with Open Polytechnic you will have access to a wide range of support services that are designed to help you learn, when and where it suits you.

All the best with your studies.

Dr Caroline Seelig
Chief Executive



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*Annual report 2020

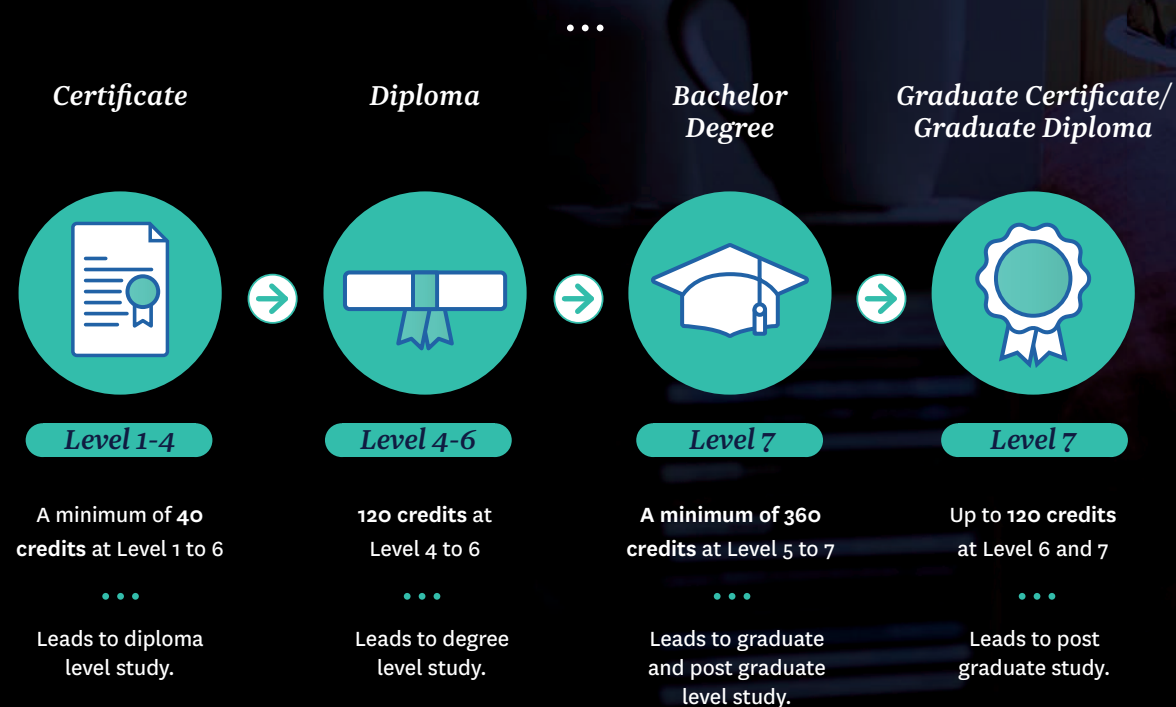
Start your journey

Your pathway

We have qualifications ranging from certificate to degree and graduate diploma level to suit you at different stages of your life and career. Some of our qualifications also credit into higher level ones so that you can achieve your goals as stepping stones along the way.

If you need to top up your skills before entering higher level tertiary study, check out our Certificate in Study and Career Preparation and Certificate in Foundation Skills.

We also offer course only options to help you boost your study or professional skills.



Open Courses

You can enrol in and start open courses throughout the year, as they start on the first Monday of each month.

Trimester Courses



Most trimester-based courses start at the same time, but some do have different start dates.

Visit our website for more information and key dates.

Health and Wellbeing

Exercise

→ New Zealand Certificate in Exercise | Level 4

Health and Wellbeing

- New Zealand Certificate in Health and Wellbeing (Advanced Care and Support) | Level 4
- New Zealand Certificate in Health and Wellbeing with strands in Health Assistance and Support Work | Level 3
- New Zealand Certificate in Health and Wellbeing (Social and Community Services) | Level 4
- New Zealand Certificate in Sterilising Technology | Level 3
- New Zealand Diploma in Funeral Directing | Level 5
- Bachelor of Social Health and Wellbeing (Disability)
- Bachelor of Social Health and Wellbeing (Mental Health and Addictions)
- Graduate Diploma in Mental Health Sector leadership | Level 7
- Graduate Diploma in Disability Sector Leadership | Level 7

Pharmacy

- New Zealand Certificate in Pharmacy (Pharmacy Technician) | Level 4
- New Zealand Certificate in Pharmacy (Pharmacy Technician) | Level 5

Social Work

- Bachelor of Social Work | Level 7

“The benefit of studying has allowed me to improve my abilities to support my clients and make better choices, especially independency, participation, community activities and strengthening and maintaining relationships. I would say personally it’s made me more understanding of others.”

PETER COLEMAN

NEW ZEALAND CERTIFICATE IN HEALTH AND WELLBEING (SOCIAL AND COMMUNITY SERVICES) (LEVEL 4)

...

“If you are compassionate and love supporting people to reach their health and wellbeing goals, and have a fulfilling life, then this degree is for you... Working in social health and wellbeing is so rewarding because you really are positively impacting someone’s life.”

SANDEEP MANI

BACHELOR OF SOCIAL HEALTH AND WELLBEING

...

“Helping people is what I love to do, seeing a patient come into the pharmacy with questions and seeing them leave happy and with knowledge of their medicine and condition is priceless.”

“I enjoy working alongside other healthcare providers in the community because I feel that the pharmacy plays an important role of being a bridge between hospitals, medical centres and the community, which is very special.”

ARZHAY HESLOP

NEW ZEALAND CERTIFICATE IN PHARMACY (PHARMACY TECHNICIAN) (LEVEL 4) AND
NEW ZEALAND CERTIFICATE IN PHARMACY (PHARMACY TECHNICIAN) (LEVEL 5)

...

“I have always found the Open Polytechnic very supportive. I place a high expectation on myself but you have to find a balance between work and other commitments. I have made it work for me. There is no point in procrastinating. Just do it.”

CLAUDE EMKE

BACHELOR OF SOCIAL WORK

...

“One of the most important things for me is that I came out of this qualification feeling well equipped to contribute to the wellbeing of other people.”

NITA NAGEL

BACHELOR OF SOCIAL WORK



New Zealand Certificate in Exercise (Level 4)

Code → NZ3563 Level → 4 Credits → 60

Learn how to help people reach their health and fitness goals with the New Zealand Certificate in Exercise (Level 4). This qualification is developed in collaboration with Skills Active Aotearoa and provides you with the skills and knowledge to deliver exercise instruction to individuals, groups and communities. When you achieve this qualification, you will be eligible to register with the New Zealand Register of Exercise Professionals (REPs).

Career opportunities

This qualification will prepare you for a career as an exercise consultant, community exercise instructor, team-training instructor or a personal trainer in a fitness enterprise or as a self-employed personal trainer.

	Structure: 3 courses
	Study type: Open
	Qualification: Certificate



New Zealand Certificate in Health and Wellbeing (Advanced Care and Support) (Level 4)

Code → NZ4108 Level → 4 Credits → 120

The New Zealand Certificate in Health and Wellbeing (Advanced Care and Support) (Level 4) is targeted at individuals who have significant experience in a health or wellbeing setting and who are looking to gain the additional knowledge and skills required to provide person-centred care and support to a person with complex needs, and have the leadership capabilities and technical skills that can be demonstrated in the workplace.

Career opportunities

Graduates of this qualification may be employed in a role as a senior health care worker, senior care giver or a role with similar responsibilities in hospices or specialised dementia units, aged residential care, hospitals or home and community support settings.

	Structure: 8 courses
	Study type: Open
	Qualification: Certificate

New Zealand Certificate in Health and Wellbeing (Level 3) with strands in Health Assistance and Support Work

Code → NZ2470 Level → 3 Credits → 70

This Certificate has strands in Health Assistance and Support Work and is ideal if you are currently working as a healthcare assistant, support worker, caregiver, employment consultant, whānau worker, housing coordinator or aged care worker.

Career opportunities

Once you complete this qualification, you will be able to work in roles such as a support worker, caregiver, employment consultant, community support worker, whānau worker, housing coordinator, aged care worker, or a navigator.

	Structure: 4 courses
	Study type: Open
	Qualification: Certificate

New Zealand Certificate in Health and Wellbeing (Social and Community Services) (Level 4)

Code → NZ2992 Level → 4 Credits → 120

The New Zealand Certificate in Health and Wellbeing (Social and Community Services) (Level 4) will give you the skills and knowledge required to be employed in a range of roles working alongside people and their family/whānau. In particular this qualification is ideal for people working as support workers in mental health and addiction services, or with people who have a disability and their family/whānau.

Career opportunities

This qualification is ideal if you are currently working in or interested in beginning a career in the mental health and addictions, and disability sectors. Potential employment roles may include support worker, caregiver, employment consultants, whānau workers, housing coordinators, forensic staff, youth workers, aged care workers who facilitate connections with the community and navigators.

	Structure: 5 courses
	Study type: Open
	Qualification: Certificate

New Zealand Certificate in Sterilising Technology (Level 3)

Code → NZ3218 Level → 3 Credits → 40

The New Zealand Certificate in Sterilising Technology (Level 3) is an ideal programme to study if you use sterilisation procedures in an office based health service organisation, such as beauty therapy clinics, general medical practices, or tattoo parlours. You will gain skills in the reprocessing of reusable medical devices from decontamination through to sterilising and storage.

Career opportunities

This qualification will give you the knowledge to support sterilising practice in an office-based health service organisation. You may also find employment in sterile service departments or be able to undertake further education and training in sterilising technology.

	Structure: 2 courses
	Study type: Open
	Qualification: Certificate

New Zealand Diploma in Funeral Directing (Level 5)

Code → NZ1942 Level → 5 Credits → 120

The New Zealand Diploma in Funeral Directing (Level 5) allows learners to maintain professional standards for the funeral services sector. This programme will provide individuals who are employed as a funeral director in the funeral services industry, a credential that will support their employment opportunities.

Career opportunities

Graduates will have the capacity to be employed as qualified funeral directors.

	Structure: 8 courses
	Study type: Trimester
	Qualification: Diploma

Bachelor of Social Health and Wellbeing (Disability)

Code → OP780002 Level → 7 Credits → 360

The Bachelor of Social Health and Wellbeing (Disability) will prepare you to work within the rapidly transforming disability sector and beyond. The degree focuses on innovative and future orientated health and wellbeing practices that improve the quality of life for the people who use your services and for their family/whānau.

Career opportunities

This qualification is ideal if you are currently working in or interested in beginning a career in the disability sector. Potential employment roles in may include Support Worker, Care Manager, Community Navigator, Connector/Kaitūhono Facilitator, Policy Development, Health Educator and Promoter.

	Structure: 17 courses
	Study type: Trimester
	Qualification: Bachelor's Degree

Bachelor of Social Health and Wellbeing (Mental Health and Addictions)

Code → OP780001 Level → 7 Credits → 360

The Bachelor of Social Health and Wellbeing (Mental Health and Addiction) will prepare you to work within the rapidly transforming mental health, addiction sector and beyond. The degree focuses on innovative and future orientated health and wellbeing practices that improve the quality of life for the people you work with and for their family/whānau.

Career opportunities

This qualification is ideal if you are currently working in or interested in beginning a career in the mental health and addiction sector. Potential employment roles may include Addictions Counsellor, Support Worker, Care Manager, Policy Development, Health Educator and Promoter.

	Structure: 17 courses
	Study type: Trimester
	Qualification: Bachelor's Degree

Graduate Diploma in Mental Health Sector leadership (Level 7)

Code → OP7801 Level → 7 Credits → 120

The Graduate Diploma in Mental Health Sector Leadership (Level 7) prepares learners to work within the rapidly transforming mental health sector as confident, competent, responsive and collaborative leaders. This programme provides an opportunity for learners to understand the complexity of the environment and possess a range of strategies for engaging with people who use mental health services.

Career opportunities

Potential employment roles may include support manager/team leader, care manager, health educator/promoter, service coordinator, public health manager, case manager, programme coordinator, policy development lead.

	Structure: 6 courses
	Study type: Trimester
	Qualification: Diploma

Graduate Diploma in Disability Sector Leadership (Level 7)

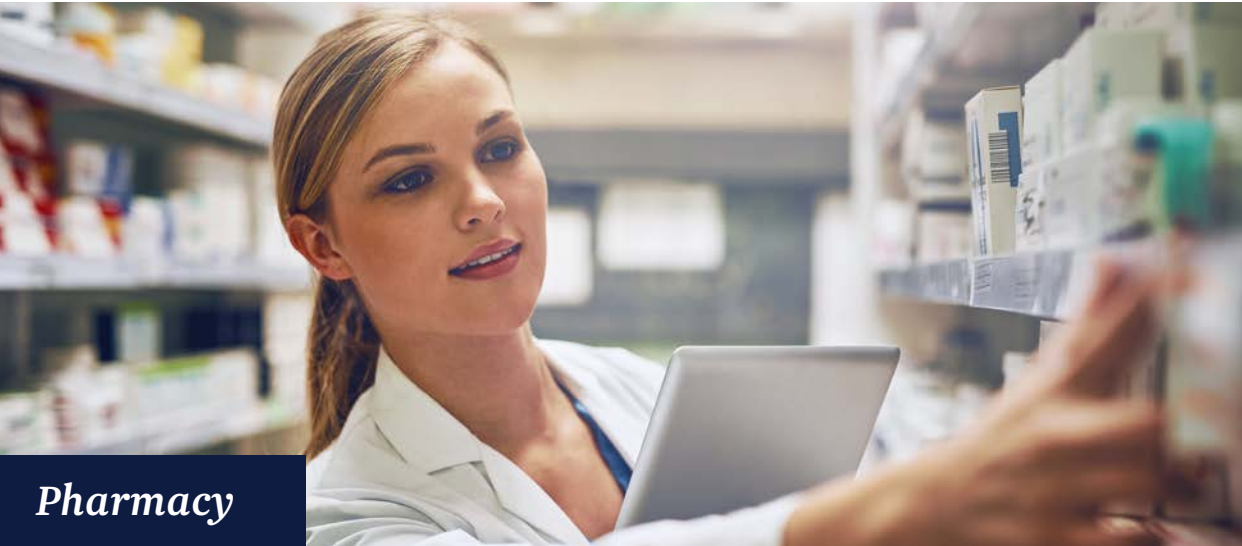
Code → OP7802 Level → 7 Credits → 120

The Graduate Diploma in Disability Sector Leadership (Level 7) prepares learners to work within the rapidly transforming disability sector as confident, competent, responsive and collaborative leaders. This programme provides an opportunity for learners with relevant qualifications and experience to upskill in leadership and progress their careers in the disability sector.

Career opportunities

Potential employment roles may include support manager/team leader, community manager, facilitator, service coordinator, public health manager, case manager, connector/kaitūhono, policy development lead, advocate.

	Structure: 6 courses
	Study type: Trimester
	Qualification: Diploma



New Zealand Certificate in Pharmacy (Pharmacy Technician) (Level 4)

Code → OP1888 Level → 4 Credits → 115

If you're employed as a trainee pharmacy technician in a community or hospital pharmacy, or would like to be, this is the qualification that you need in order to dispense medicines under the direct personal supervision of a pharmacist. It will also enable you to support the provision of safe, patient-centred healthcare.

Career opportunities

This base qualification will allow you to work as a pharmacy technician in a community or hospital pharmacy. It will prepare you for higher study at Level 5.

	Structure: 6 courses
	Study type: Open
	Qualification: Certificate

New Zealand Certificate in Pharmacy (Pharmacy Technician) (Level 5)

Code → OP1889 Level → 5 Credits → 65

This Level 5 programme is available for study if you have completed the New Zealand Certificate in Pharmacy (Pharmacy Technician) (Level 4) and you wish to continue with further learning. A Level 5 technician qualification will give you extra knowledge and skills to advance further with study or hold a senior technician role. It will also enable you to further support the provision of safe, patient-centred healthcare.

Career opportunities

This qualification will allow you to work in a range of dispensary related roles in community, hospital, industrial and education settings within pharmacy. It will prepare you for higher level study in pharmacy or other health related roles.

	Structure: 4 courses
	Study type: Open
	Qualification: Certificate



Bachelor of Social Work

Code → OP7400 Level → 7 Credits → 480

Social work is a profession based on principles of social justice, human rights, collective responsibility and respect for diversity. The Bachelor of Social Work will prepare you for working with people and their environment. You'll learn about people through their life span, societies and helping traditions from both western and indigenous perspectives.

Career opportunities

A social worker can be employed as a generic social worker or within a specialist area such as drug or alcohol addiction, child protection, schools, disability, crisis response, violence or community development.

	Structure: 20 courses
	Study type: Trimester
	Qualification: Bachelor's Degree



Bachelor of Teaching (ECE)
Sian Brennan

Celebrating 2021 learner success

Each year we hold graduation ceremonies in Auckland, Wellington and Christchurch to celebrate our graduates’ study success with their family, friends and fellow learners.

This is a great opportunity for us to meet graduates in person before they embark on their new journeys, be it a new career, further study, or to take their existing career to a new level.

If you’re planning on studying towards a diploma, degree or graduate diploma, we look forward to celebrating your success at graduation.

If you or your family are unable to attend a ceremony, you can still tune in via online live streaming on our website.



Diploma in Legal Executive Studies
Teisa Moce



Graduate Diploma in Strategic Management | Audrey Govender



Bachelor of Social Work
Idah Koudayah



Bachelor of Arts Library and Information Studies graduates
Amy Luxton-Esler, Elisabeth Tobler and Debra Airey.



Bachelor of Social Health and Wellbeing | Nyashadzaish Danha



New Zealand Diploma in Library and Information Studies (Level 5) | Vita Lods



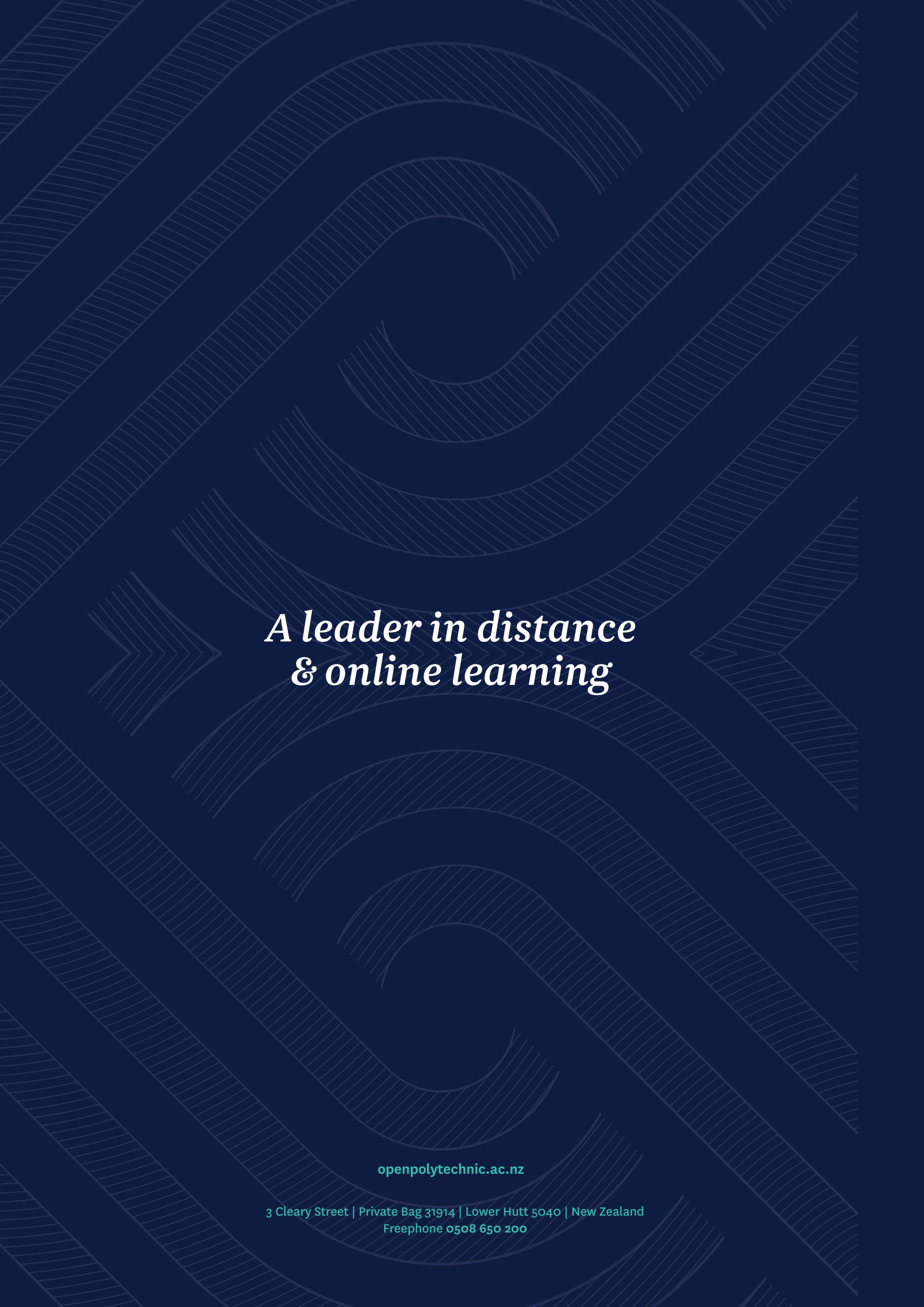
Bachelor of Teaching (ECE) graduates
Rhiannan Dalton, Morgan Ibbertson and Anthya Poumale.



Bachelor of Teaching (ECE) graduates
Felicity Bowater and Kacie Warren



Bachelor of Teaching (ECE) | Bianca Allan



A leader in distance & online learning

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